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Kehila

The **Mosaic** community magazine | **Monthly**

November 2015



About our members

Children's birthdays are listed on page 19

MOSAIC REFORM

MAZAL TOV TO:

Barbara & Harry Grant on the birth of their grandson, Bruce Noah

Lesley & Jeff Young on the marriage of their son, Toby, to Celine Driscoll

Michelle Singer (Kallat Torah) and Robin Goldsmith (Chatan Bereshit)

BIRTHDAY WISHES TO:

Simon Marsh on his 50th birthday

Ilse Braude on her 91st birthday

Marlene Godfrey on her 70th birthday

Dennis Goodman on his 91st birthday

Sydra Heinemann on her 75th birthday

Dennis Milstone on his 90th birthday

Sam Walport on his 95th birthday

Emil Bloom on his 96th birthday

ANNIVERSARY WISHES TO:

Linda & Tony Holman on their 40th wedding anniversary

CONDOLENCES TO:

Michael Wallace on the death of his wife, June

The family of Doris Benjamin Philipa Jesnick on the death of her partner, Elvin Montlake

Rebecca Flash on the death of her mother, Sylvia Hartog

Frank Manches on the death of his sister, Sally Ann Patricia Leffman

Richard Degen on the death of his wife, Rita

GET WELL WISHES TO:

Judy Silverton

HEMS

MAZAL TOV TO:

Jamie Brooks who celebrated his Bar Mitzvah in Jerusalem on Thursday 1st October.

Hannah Glass (Kallat Torah) and Tiffany Freeman (Kallat Bereishit)

BIRTHDAY WISHES TO:

Dave Scott, 60

MOSAIC LIBERAL

MAZAL TOV TO:

Daniel Brown (Chatan Torah) and Jonathan Baum (Chatan Bereshit)

Jenny and Vic Golding on the occasion of the birth of a second great-grandchild,

Aiden in Dublin. Also, grandson Josh on achieving a first class honours degree.

BIRTHDAY WISHES TO:

Muriel Brookman

Adrian Cohen

Gertrude Goodman

Phyllis Jacobs

Harold Levene

CONDOLENCES TO:

Mark Bennister and family on the death of his mother Stella Bennister. See obituary on pages 8-9

GET WELL WISHES TO:

Jeanette Shindler

ON THE COVER

Top: (left) Bill Fitzmaurice discusses the subtleties of local honey with Ron Levin, a fellow bee-keeper, at the ML apples and honey event on erev Sukkot; (middle) Rabbi Kathleen in the Succah with class Zayin; (right) Leora Goldsmith's 6th birthday was on Sukkot!

Middle: (left) Russell Sutcliffe explains pressing local varieties of apples to make juice at the ML apples and honey event on erev Sukkot; (right) Here come the oranges

Bottom: (left) Threading the laurel; (right) Netting the fruit – Felicity Amswych, Barbara Grant, Aedhan Brown

Most pictures by FDS

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Welcome

We can do no better than repeat the sentiments of the Abraham Fund, sent to us by Michael Reik, who is currently a director of the Fund.

The citizens of Israel, Jews and Arabs, are experiencing difficult days awash with violence and intolerance which will set the stage for the future relationship between them.

Jewish and Arab societies, and their respective political leadership, must halt further deterioration of the situation and prevent the damage that their societies will suffer as a consequence if it does not.

Arab society in Israel must unite against the attacks and stabbings of Jews and prevent the incitement which is encouraging these acts. There must also be swift action to address the disparities between Jews and Arabs in Israel by promoting inclusion of Arabs in every arena of public life, and a real attempt to reach a political solution between Israel and the Palestinians.

Martin Simonis and Judy Silverton
(Joint Editors – *Kehila Monthly*)

Send your articles, pictures, letters etc to newsdesk@choosmosaic.org

Copy dates: December/Chanukah issue – 15th November; January issue – 13th December.

Multi-faith EcoPeace trip

Rabbi Frank Dabba Smith led a multi-faith EcoPeace group to Israel, Palestine and Jordan this summer. His pictures show thriving co-operation and friendship, despite the on-going turmoil



In the 50 degree heat, we are welcomed to share a pool frequented by the goats belonging to a Palestinian shepherd



Michele Singer receives a riding lesson on EcoPeace staff member Daud's farm-horse



Sarah Smith and Palestinian boys involved in a cyanotype project led by New York based artist Jill Enfield

Cathy Smith demonstrates her chocolate brownie recipe to a group of Palestinian women at the YWCA vocational training facility in Jericho. Afterwards, the local women taught us how to make delicious date-filled pastries



Grey water recycling explained at the Auja EcoCentre

CHAIRMAN'S MESSAGE

By Neil Mendoza – Chairman,
Hatch End Masorti Synagogue



© Portrait by Italiaander –
www.italiaander.co.uk

As I write in the comfort and safety of leafy Hertfordshire, terrible events are unfolding on the streets of Israel on a daily basis. Social media keeps us informed of the repeated acts of evil and the bloody consequences of all too frequent stabbings and other abhorrent terrorist attacks. Meanwhile, how does the regular press respond? Too often there are reports of the deaths of the perpetrators, virtually (or sometimes totally) ignoring the fact that it results from their very act of murder or attempted murder and their attempted apprehension. Too often the events go either unreported, or treated as meriting minimal column inches.

The world looks on silently as Israelis die and Israel suffers, accepting and negotiating with the very same dark forces that would happily reduce it all to a nuclear winter. And what do we do about it? What can we do? Across the broad membership of our three constituent synagogues, Mosaic has a fair number of people on its books; within that group there must surely be quite a few with an interest in Israel and an ability and willingness to be more active in its support. As an initial suggestion, how about a coordinated programme to contact local MPs, MEPs, the BBC and other media outlets, to press for fairer balance and coverage? Readers may feel this is straying into the emotive political, but it has struck me that with all the diverse groups and admirable activities at Mosaic, there is, perhaps, a lack of focus on Israel.

We don't have an Israel group. Is it time to start one?

Board of Deputies Report

By Michael Reik – MR BoD representative

Report of Plenary session on Sunday 18th October

Jonathan Arkush, President of the Board of Deputies opened the meeting with a prayer – the 13th Psalm – which we all sang to remember the tumultuous week in Israel.

Informing us that 7 Israelis had been murdered and 100 injured, Jonathan also stated that there had been 30 stabbing attacks in the past week. He was most concerned at the misreporting in the media – the BBC had reported the killing of a Palestinian after two Israelis had died, not that two Israelis – a rabbi and his wife – had been murdered and the terrorist who had killed them was then shot by the army.

Jonathan has written to the Foreign Secretary requesting that the UK Palestinian representative be requested to condemn the attacks or the foreign office

consider downgrading the Palestinian status in the UK.

Jonathan had met Teresa May and Benjamin Netanyahu in the past few weeks. He requested that fellow BOD members and individuals in their communities write personally to their MPs expressing concern. The point should be made how unacceptable the stabbing of any person in the UK would be and what a commotion it would create – consider the after-effects of the Lee Rigby stabbing here.

A statement was then made by Laurence Brass condemning the fact that all concern is for the Israelis and very little for Israeli Arabs who are attacked by settlers. Laurence criticised Benjamin Netanyahu for not being prepared to take part in a proper peace conference.

There was a lot of talk that, until there is a two state solution (which is the policy of the Board), no proper peace can exist. It is to be hoped that there will be more senior Palestinians who will speak out against Mahmud Abbas' rhetoric.

Extraordinarily, it was noted that the Palestinian Bar Association had nominated a known terrorist to one of its honorary positions. The Board of Deputies will be requesting that the British Bar Association dissociate itself from their Palestinian brothers.

Reports were then read out from the three divisions, International, Defence, and Community.

Finally the Board adopted a motion 'that the Board should follow up its previous statement on the refugee crisis and pursue its role of working with the community on engagement on this issue. In addition, the Board should continue to press the government to show compassion to those people fleeing conflict, including in the Middle East. The Board must hold David Cameron to his commitment of accepting 20,000 Syrian refugees to the United Kingdom and press him to ensure their safe passage, and support for their integration.'



Thoughts from Edwin Lucas – an 'awake' HEMS member



© Portraits by Italiaander

Refuah Schlemah from Mosaic and a prisoner

I was recently unwell and was very touched and appreciative by all the good wishes I received both from HEMS and from the wider Mosaic family, including, in alphabetical order, Alan, Barbara, Gill, Jane and Mark as well as Rabbi Hilton from Kol Chai (our neighbour).

My work takes me into UK prisons and I was overcome when on my last visit, a prisoner asked how I was, as he knew that I had been unwell. This was special to me and the reasons will become apparent.

The prisoner said that I had been in his prayers. With everything else going on in his life, I was really touched by his unselfish concern. We chatted about the High Holydays in a prison. I know from attending Limmud and listening to prison chaplains, that there are quite a number of serving Jewish prisoners. I

also vividly remember visiting Ford prison in Sussex, which has its own shul. When I visited, a prisoner was really excited to report that he was having his Barmitzvah, albeit a few years late, in the shul that Shabbat.

I asked the prisoner about following his faith and he explained that the multi-denominational chaplaincy department was most accommodating and he was allowed to have his Shofar and could blow it.

That is so special and I thought about our shul's custom at the end of N'eilah when everyone who has a Shofar can blow it in unison for the Tekiah Gadolah. The sound resonates and it is so powerful. I was proud of all our Shofar blowers and this year Sinead joined Chanan, Ethan and James. We would hope to raise a minyan of 'blowers' for next year.

We chatted more about the

festivals and how one can cope with Sukkot inside, as well as the other festivals. He really believes that "Where there is a will, there is a way".

My visit was nearly over and it was time to head home. The prisoner then asked me for my Hebrew name, so he could recite a Refuah Schlemah for me. I was touched and so moved by his kindness.

I hope that his prayers alongside those of others in the Mosaic family, touch the right spot so we can be "Inscribed in the Book of Life" and I can soon restart my schlepping shul work, without danger of being accused of overdoing things by our Chairman, my wife and all my well-wishers.

May everyone who has been ill receive successful Refuah Schlemahs. My message to one and all is that, if you are unwell, advise the shul administrators, so that you can be in our thoughts and be mentioned in Shabbat prayers.



Stella Bennister 1928 – 2015

Mosaic Liberal recently lost a prominent and much-loved member in Stella Bennister who was well-known to many Mosaic members.

We have two moving tributes to her, one from her son, Mark and one from her cousin, Barbara Wrightman.

From Mark Bennister

Stella Bennister sadly passed away on 12th September. Stella was a prominent and committed member of HWPS. She joined the synagogue with her husband Len in 1963. Stella Wrightman was born on 19th October in 1927 in the East End of London. She was one of five children Betty, Wally, Jack and Anne. She was evacuated to Cornwall during the war. Returning to London she trained as a children's nurse then as a teacher. In 1953, not long out of college, Stella went to South Dakota in the USA for a year's teacher exchange, enjoying receptions at the White House, meeting Eleanor Roosevelt and addressing audiences keen to hear about life in England.

She became deputy head at Carterhatch Lane School in Enfield and excelled at practical lessons. She married Len in 1963 and had two children, Ruth and Mark. Both children were brought up in the

HWPS community. She was able to put the experience of Len's untimely death in 1991 to positive use, caring and supporting others in the synagogue community, most notably as coordinator of the Care Group. When her granddaughter Bea chose to have a Batmitzvah in 2011 – she had her greatest opportunity to do some classic kvelling.

When diagnosed with sarcoma – soft tissue cancer – she confronted another medical condition with her customary courage and fortitude.

Stella will be remembered as being wonderful company; an inspiration to young and old alike. She was born of a generation that instinctively knew how to survive and how to show compassion and solidarity with others. She was fiercely independent and had a will to live that was undimmed. She will be greatly missed.

The family have requested that those wishing to make a donation in Stella's name can do so to St Luke's Hospice or Sarcoma UK.

From Barbara Wrightman

My dear cousin Stella, finally passed away on 12th September. I say "finally" because she had been ill for a long time, but with her indomitable spirit she fought her illness with stoicism and tenacity.

Stella remained in her own home almost until the end. Her last weeks were spent in St Luke's Hospice where she had amazing care, and she was lucky to have exactly the kind of death she had planned – in the hospice, surrounded by her beloved children.

Stella was one of five children and as a child I spent a lot of time with my cousins who treated me as the sixth sibling. I clearly remember, during the war years, many visits to their home in Tottenham and it was

remarkable in those phone-free days that my Auntie (Stella's mother) managed to provide a sumptuous high tea sometimes including a tin of red salmon – which was practically impossible to obtain! Their warm and welcoming home was a happy haven to me, as Stella's own home was to become later.

Stella knew hard times and low moments but in many ways she led a charmed life. She knew instinctively when she met Len Bennister – a kind and gentle man – that they would make a good union. Len was the eternal bachelor and initially was reluctant to commit but Stella persevered and finally as her daughter Ruth put it "She got her man". Stella's way with children was legendary both as a teacher, mother and grandmother. The family house in Beverley Drive was a sunny, warm, comfortable and welcoming home. Stella became very active in the shul and held many positions. She always said that joining HWPS was the best thing she and Len did, and she was a regular attender. She formed a great bond with Rabbi Frank and made many friends. When the shul moved to Bessborough Road she was apprehensive but told me she was overwhelmed by the warm welcome the whole congregation received and she quickly felt at home.

Stella had an innate sense of humour though she could on occasions be brusque and sometimes she would be inordinately tactless (which became a family joke). Overall Stella was a larger than life presence, a unique individual, a one-off. She will be missed by many friends and all of her large extended family. I prefer to think about her, not with sadness but with joy for her life – a life well lived – a life which packed in more than most and always with much laughter. May she rest in peace. Shalom.

Neil's Brain Teaser



Neil Goodman (pictured) compiled 86 Quizzes for the MNS Bimah magazine over the course of 7 years, and another 11 for Kehila over the last year. He does similarly for charity events and the like.

The Quizzes are still popular, but we thought it was time for a change, so instead Neil will be providing a Brain Teaser in this and future issues of Kehila. We hope that you (our readers) approve. The answer will be given in the following month's edition.

Here is the first one:

An old beggar collects cigarette ends from ashtrays and pavements and uses the tobacco to roll his own cigarettes. He has this practice down to a fine art, knowing that seven cigarette ends will make one cigarette. Since he has collected 49 ends, how many cigarettes can he make from these?

(Clue – the answer is not 7)

Sunday November 22nd 2015

Outdoor Clothing Collection

There will be collection points at all synagogues to accept your unwanted outdoor coats, jackets, hats and scarves which will then be given to the East End Jewish Clothing Collection

Spit to Save a Life

All 17 to 55 year olds
Donate your saliva in order to be added to the Stem Cell Register and play your part to **Delete Blood Cancer**

Environmental work on Stanmore Common

We will be helping the Harrow Nature Conservation Forum do some much needed work on Stanmore Common

Fun Activities at HaMakom

Join in the cooking, decorating and a multitude of creative arts – all for **Good Causes**

Barnardo's Boxes

We will be filling boxes with gifts for the children at the Freeman Family Centre. Small gifts needed for children up to the ages of 16

Tzedek Mitzvah Day - CDs Seed Hope

There will be boxes at all the synagogues. Please donate unwanted CDs and DVDs. These will be used to help people in Africa & India help themselves out of extreme poverty

We need as many volunteers as possible for all these activities. All activities on Mitzvah Day will take place at 39 Bessborough Road from 9.30am.
Please advise us in advance if you wish to go to Stanmore Common for instructions.
Come along and be part of the fun.

Contact synagogue offices or

Diana Ayres	diana_ayres@hotmail.com	07806 419940	Mosaic Liberal
Traci Spivack	tspivack@yahoo.co.uk	07956 592642	Hatch End Masorti
Viki Kenton	viki.p@virgin.net	07939 244595	Mosaic Reform
Jacky Martin	jacky@pjmartin.co.uk	07831 346214	Kol Chai
David Pollak	david@maplesolutions.co.uk	07710 878186	Mosaic Reform

Adult Education Programme

Autumn 2015

Jewish Culture

Text & Context

Festival Study

Hebrew

Shaliach Tzibbur Training

Skeptic Sessions:

"Our Traditions and Acute Episodes of Doubt"?

Sat 12th December, 9.30 am.

This session will be led by Rabbi Frank Dabba Smith

Parashat ha'Shavuah: Pre-service shiur on Torah reading, *Vayeshev*.

Sat 5th December at 9.30 am will be led by Rabbi Frank Dabba Smith

Danish and Daven: Little bites of Biblical scenes with your Danish: reading narrative from a literary perspective introducing themes of parental love, fraternal jealousy and deception.

Sat 14th Nov, 9.15 am with Linda Holman

Hebrew Reading Sessions: An informal group for those interested in improving their fluency in reading Hebrew prayers and in sight-reading and exploring the weekly Sidrah. Lots of practice and individual attention.

Sat 7th Nov, 9.30 am with Rabbi Frank Dabba Smith

Discovering Jewish Music: "White Christmas and other Jewish tunes. Join Michael Marx for his second illustrated talk, exploring the Jewish contribution to musical theatre and Tin Pan Alley. We will question Eric Idle's contention in the Monty Python musical "Spamalot", "In any great adventure, if you don't want to lose...you won't succeed on Broadway if you don't have any Jews".

Sunday, 20th December at 15:00

THE BERAKAH PLAYERS

"It is music to make you close your eyes and dance in your head"
THE TIMES

The Berakah Players are a collective of musicians from Jewish, Christian and Muslim faith heritage, with a unique sound that fuses jazz, classical and Middle Eastern musical elements. After a successful UK tour this year they are pleased to announce a concert at Mosaic Jewish Community in November in a continuing celebration of music for peace, including new music featuring their new string section.

Sunday 22nd November
Mosaic Jewish Community
39 Bessborough Road
Harrow
HA1 3BS

Nearest Tube: Harrow on the Hill

Doors 7pm On Stage 7:30pm

Tickets £9.50 - £6 NUS/Under 13 from:
theberakahproject.org/mosaic
or
choosemosaic.org

**Please note - tickets MUST be purchased in advance,
they will not be available on the night**

www.theberakahproject.org

 @berakah  The Berakah Project



Berakah Concert

Special Children's Activity

Aged 8-16?

Interested in singing or play an instrument?

Come and meet up with the Berakah musicians and singers!

Try out something new and different.

From 15:30 - 16:15 on Sunday
22nd November
at 39 Bessborough Road



Harrow Friendship Club

Entertainment for the over-60s

NOVEMBER

Mondays: 11:00 to 14:30

Tel (on the day): 020 8423 2903

2nd Leonie Paige entertains

9th Return visit of Roy Blass

16th HAPPY BIRTHDAY TO THE
FRIENDSHIP CLUB - Alex Samos
entertains

23rd Fiona Harrison 'In Cabaret'

30th 'The Right Mix' entertainers
Barbara and Alan

For further information call
Bertha (contact via the Office)

FILM MOSAIC

At 8:00pm on Tuesday 17th November 2015

'Bethlehem (Bet Lechem)'

Israeli movie, telling the story of the complex relationship between an Israeli Secret Service officer and his teenage Palestinian informant. Shuttling back and forth between conflicting points of view, the film is a raw portrayal of characters torn apart by competing loyalties and impossible moral dilemmas, giving an unparalleled glimpse into the dark and fascinating world of human intelligence.

(HEBREW with ENGLISH SUBTITLES)

Donations for our chosen charity would be appreciated if you care to give.

Jewish Association of Cultural Studies



Would you be interested in helping to set up a branch of JACS at Mosaic Reform?

JACS is a cultural club for the semi retired and active retired. It meets weekly for discussions on current affairs, historical events, travel, music and many other subjects. There are also organised holidays each year.

We will be having an introductory meeting over a cup of tea and cake on 10th November at 14:00

If you would like to get involved please contact Gay Saunders on 020 8864 0133, communitycare@mosaicreform.org.uk

Getting older and managing the challenges

Wednesday 18th November
19.30 – 21.45

Please join Mosaic Reform for an evening looking at the challenges of growing older and get some practical advice from experts. The evening is for older people, their relatives and friends.

Speakers include:
Dr Suzanne Joels, old age psychiatrist
Michael Harris, solicitor

There will be presentations and a panel discussion. Topics

to be discussed will include:

- Dementia; what it is, how to recognize it and current treatment.
- How to decide whether to stay at home or move into residential care.

- Powers of Attorney.

Stalls to include: Jewish Care, Harrow Age UK and Right at Home.

Everyone welcome.

Refreshments will be available from 19:00.

To book your place, please contact Gay Saunders or the Office by 6th November

Together on a Thursday

Some new activities start on Thursday 29th October at Mosaic Reform.

9.45 - 11.15 Coffee and Chat: for mums, dads and grandparents and their pre-school children

11.30 – 12.30 Movement to Music: exercise to keep you fit – suitable for all ages and abilities

14.00 – 15.30 Singalong for people with memory problems and their partners or carers.

If you would like to come along to any of these activities please contact; Gay Saunders 020 8864 0133 / communitycare@mosaicreform.org



DEFENDING THE FAITHS

Sunday 10th January 2016 – 7.30 pm
39 Bessborough Road, Harrow HA1 3BS



Mosaic
Choose your Jewish life



Jonathan Arkush – President, Board of Deputies of British Jews



Mark Gardner – Director of Communications at the Community Security Trust



Simon Ovens – Borough Commander, Harrow Police



Fiyaz Mughal, OBE – Founder & Director of Faith Matters

We will be entertaining four high profile members of the community who will explain in detail the major problems faced by the Jewish community in the United Kingdom and how this is dealt with on a day to day basis. We shall also learn specifically how all the local religious faiths are protected by the Constabulary and the interaction between our Community and those around us.

To book please ring 020-8864 0133 or email admin@choosmosaic.org

Chatanim and Kallot

*Mazal Tov to those who were honoured in their respective synagogues at Simchat Torah.
Below, we reproduce a few words about each*

HEMS

Neil Mendoza writes: Given our discussions concerning equality of participation in services, it is appropriate that this year we are honouring two ladies as Kallot. Both have done so much for the community in different ways.

Tiffany Freeman – Kallat Bereshit)



Tiffany Freeman comes from Newnan in Georgia (near Atlanta).

She is the eldest of 3 and married John, right out of High School, in Waukegan Illinois. The motto of Newnan is 'City of Homes' which is appropriate given the fact that she's had a great many, due to John's career in the US navy, now in our own sheltered port of Pinner with the River Pinn providing space for a submarine somewhere.

Tiffany has range of hobbies – it's said that her hobby is to have hobbies!

She is totally dedicated

to her two children and her husband John. She is one of our most regular shul attenders and steps forward to help in a whole variety of ways in the Office, in the children's schools and within the community.

Tiffany is always here, and always willing to help. She never says no! She has completely embraced HEMS in the short period since she came here and has become an extremely valuable member of our Community.

Hannah Glass – Kallat Torah



Hannah Glass is a 'newish' member in the sense that although

she's been around for many years, since reaching the magic age of 21, she is now an adult member in her own right.

Hannah has lived in the Glass house all her life – so she has learned not to throw stones. She is now at Birmingham University

reading Business and Management and her passion in life is all things food-related.

At University, she quickly became the 'Shabbat Officer' at Birmingham JSoc, taking on a commitment to cook Friday night dinners for fairly large numbers.

At HEMS, Hannah's expertise has led her to provide sushi-making courses and brownies as Lots for our Auction of Promises.

Baking is a particular talent that has led to Hannah having her own business – 'Hannah's Cakes'. It specialises in cup cakes and bespoke 'Celebration Cakes'. Hopefully, her degree will help her to successfully expand that business.

Little-known is Hannah's involvement in charity projects – one of which involves her baking birthday cakes (at her own expense) for under-privileged children.

Hannah has been involved in youth activities for many years – organising and

running children's services at the High Holydays and (along with Philip, Robert and Johanna) in starting up a series of Youth Shabbat services and events.

Hannah comes from one of the particularly 'involved' families at HEMS and it is a great credit to them that she is following their fine example. The future of HEMS is so dependent on the continued involvement and future leadership of our younger members with the skills and abilities such as Hannah's. We will be looking forward to encouraging her onto Council in due course!

Mosaic Liberal



Jonathan Baum – Chatan Bereshit

I am delighted to be asked to be the Chatan Bereshit, it is such a great honour.

I have been a member of the shul for nearly 40 years which is two thirds of my lifetime. The first visit I made with Linda, my soon-to-be

wife, was full of anticipation on a sunny Saturday morning service at HWPS at Preston Road. A warm welcome from Paul Zatz, the chairman, was an indication of the warmth of this community that we have enjoyed all these years.

My commitment has not only been as an individual, but as a family. In 1977 Linda and I were married at Preston Road by Rabbi Harry Jacobi. I served on the Synagogue Council until my multiple sclerosis made life more difficult. After Rachael and Joshua were born, the Sunday morning runs to Cheder, security duties and being a Cheder Friend introduced us to other families, and opened new friendships. Linda's handiwork can be seen on the special covers on the children's Sifrei Torah for the High Holidays.

After the installation of a lift, I have been able to attend services at our comfortable little steibel at Bessborough Road. A major advantage of the new location for me is being able to 'go up' to the Bimah, as it is all on one level.

We have been very warmly welcomed into Mosaic – we especially enjoyed a Shabbat supper at the home of Caroline and Laurence – a successful beginning to our innovative new community.

I am looking forward to

many more years of the warmth, care and friendship that this lovely community gives to our family.

Daniel Brown – Chatan Torah

Daniel joined our shul 15 years ago when his oldest, Kathleen, was a tot. His shul did not have any provisions for children at the time. Living in Kenton and then in Sudbury Town he was aware of the shul and its provision for children.

He is proud that his three girls have grown up in the community. Kathleen and Ruth have done them proud with their Bat Mitvahs and are excited by Esther following on.

Daniel enjoys his role organising the security arrangements. He rates his best achievement the successful running of the High Holy Days security rota. He is presently Vice-Chairman of Mosaic Liberal.

He describes our community as 'small but beautifully formed'. He feels our future is best served by working hand-in-glove with the other synagogues within Mosaic, as that allows us to achieve more than we would alone.

Continued overleaf...

Mosaic Reform



Barbara Grant writes: It gives me great pleasure to congratulate our Kallat Torah, Michelle Singer and Chatan Bereshit, Robin Goldsmith

Robin and Michelle are being honoured for their significant contributions to the community over a sustained period and particularly over the last year.

Michelle Singer – Kallat Torah

Michelle joined the community in the last decade and has made a great contribution in that short time. She is a teacher of music and religious education and one of those people who cannot say 'no'. She has always thrown herself wholeheartedly into communal life – she is a member of Council, leader of the Security team, a choir member and volunteer at HaMakom. She also participates in many other activities including adult education and participated in a volunteer programme

with Rabbi Frank in the Middle East this summer

She fits all this in around her busy family life with children Marc, Daniele and Joel, each of whom are paving their own way, inspired by Michelle's zest for life.

In the wider community she spends time each week working with the local 'Lighthouse Cafe' project, assisting folk who are experiencing tough times and is also an active volunteer in Home Line, befriending elderly folk, assisting them to make the best of their lives in a fulfilling way.

Those who know her well agree that Michelle has an infectious and wicked sense of humour which has helped her to emerge unscathed from tricky situations when working as a volunteer.

Robin Goldsmith – Chatan Bereshit

Robin grew up in our community of Middlesex New Synagogue after his parents moved from Harrow and Wembley Liberal before his Bar Mitzvah. In the tradition of 'l'dor va'dor', he is making plans for his son to be Bar Mitzvah here in the future. He and his family, wife Gillian and children Jonathan and Liora have immersed themselves in the life of our community.

Robin is particularly interested in our Ritual – he is regularly a Warden and has spent time on our ritual committee. He has been involved with our Shabbat Shira (family) services and is on our Council and Mosaic Community Group. It has been a joy to listen to Robin's Haftarat – we are always treated to an erudite and well-researched commentary on the text.

Robin has a degree in Modern Languages and a Masters in Speech Sciences but has concentrated on a career combining his love of writing and an appreciation of good food and drink. He learnt 'the trade' from his late father Anthony. He became an expert 'blogger' in these arenas and articles can be read on his website – 'The Write Taste'. Robin writes regularly for an American drinks website and has been on a judging panel at an Italian food and drink event, sampling Italian beers and possibly a few too many dried figs.

Robin has hosted wine-tastings at Mosaic and his contribution to our unique Tu B'shevat Seder this year is something we look forward to again.



CAKE MORNING FOR MACMILLAN

Linda Benson writes: Breast cancer is very close to my heart and I did my first Macmillan coffee morning on Friday, 25th September. With the help of all my family and friends, we raised £351.

I had a bric-a-brac table with raffle prizes, homemade jam and plants donated by the local nursery. It was a fun morning and a great success which will go a long way to help other people. A very special thank you to everyone who helped and supported this cause.

KIEV KOPPERS UPDATE

By Rita Asbury

Thanks to some very generous donations this month, I am able to transfer another £100 into the Kiev Koppers account. This now brings our total up to £15,600 from January 2000!!

I am sure that some of this month's money will help to give the kindergarten children and their families a great Chanukah!!

Unfortunately the situation in Ukraine does not improve, but it does help just a little that our thoughts and prayers are with the children – they know and their families know, that their friends in London remember them always. By donating our coppers it helps to brighten up their days.

So as always...

KEEP THE KOPPERS KOMING!!!

And thank you to all those of our members, who continue to support our Kiev funds.

FOODBANK KIDDUSHIM

Mosaic Reform has decided to change its approach to the Foodbank Kiddushim following feedback from its congregation.

In the light of many members feeling that a 'Foodbank Kiddush' – only challah and wine – was not in the 'spirit of Shabbat', MR council together with Rabbi Kathleen has decided to revert back to the normal kiddush.

Council feels its congregation will still want to support Harrow Foodbank, so is asking members to actively contribute on a designated Foodbank Shabbat by bringing in an item to shul.

The date and list of the goods needed each month, which includes toiletries, will be highlighted on the Shabbat notices.

MR chairman Barbara Grant said: "I hope that this initiative will be welcomed by all – and that our contributions to the Foodbank will also be enhanced."



Children's Birthdays

Max Burzynski (2)

Charlie Cole (7)

Emily Grossman (10)

Lenny Jacobs (9)

Tamar Noble-Bougay (10)

Shachar Noble-Bougay (10)

Jack Rowson (8)

Bereavement Care Conference 2015

Grief has no age boundaries. That was the key message at the 34th annual Bereavement Care conference held at Mosaic Reform on 14th October.

Nearly 200 people, representing multi-denominational bereavement support groups or counselling services, attended the Ages of Grief conference where five leading panellists talked about the impact of grief and lead workshops in their field.

They were welcomed by Jenny Reid, chair of the conference planning group, who said: "Grief affects people whatever their age and whatever the age of the person who died. At any age, grief is grief."

Dr Ruth Caleb, head of Brunel University's counselling service, talked about sudden

or unexpected death and the increased pressure on students today. She said in the last four years there had been three suicides on campus. She said: "The death of a young person in that way is unbearable and had a devastating effect. It takes a great deal of work to support students and staff.

"Every sudden or unexpected death is unique and the ripples reach out for many years. We need to build our resilience to bear that. We all teeter on the edge of the unexpected."

Dr Anthony Kaiser, a neo-natologist from Guy's and St Thomas' hospital, spoke about the various causes of death in babies and how it affected not just family and friends but medical staff too. He said: "The staff may

be the only family the baby ever knows. You can't feel for a person and give them adequate care if you don't feel anything. So the staff are involved and support families and encourage them to make memories, which can help with the grieving process.

"People hope they never encounter a memorial stone of babies who have died. Parents don't expect problems, so if something happens they can feel the healthy baby has been removed and they are given a defective substitute."

Lesley Lopez, from Cruse Bereavement Care in Hertfordshire, stressed how important it was to help and involve children and young people. She said: "Many are still in isolation. A child doesn't arrive in class and no one knows why. There is an empty desk and no mention of that child. Do we encourage children and young people to go to chapels of rest or inquests?

"Being honest with them is what they really want and some schools do involve the children and in many ways social media has helped. They need to feel part of what has happened."

Carol Courtney, dementia specialist and matron for London North West Healthcare NHS Trust, talked about anticipatory grief: the loss of identity, independence, prospects, plans, hopes and freedom and the devastating effect on the sufferer as well as the carer.

She said: "How do you relate to someone when you no longer have the same shared

Jack Lynes addressing the panel



history? It is a very frightening place. It's a living bereavement and for the carer it's exhausting. If we can't cure it, we must help people to manage it."

Sophie Lapham, director of services of Missing People, said 250,000 people went missing in the UK every year, of whom half were young people. She said: "To be missing is to be in crisis and you have an impact on the space you leave. Other siblings may be suffocated. Some people never stop searching, others stop talking about the missing person.

The longer you are missing the more key events you miss like weddings and birthdays.

"For those left behind, what will it be like to die never knowing what happened to your loved one. The pain gets worse with time."

After a Q&A and superb lunch, Jack Lynes – Bereavement Care trustee, thanked the panellists and everyone for attending. He said: "If we delve deep within ourselves and feel better equipped than this morning to help bereaved people mourning for their loved ones, then that is the test whether this conference has been successful."



The panellists – Jenny Reid, Anthony Kaiser, Lesley Lopez, Dr. Ruth Caleb, Carol Courtney

"For those left behind, what will it be like to die never knowing what happened to your loved one"

Mosaic moment



What's On!

Some big, some small,
and everything in Shul.

Unless otherwise stated, all events take place at 39 Bessborough Road, Harrow HA1 3BS.

The times/locations of weekly services are as below, unless otherwise stated:

HWPS: Bessborough Road: Friday 19:00, Saturday

11:00 (Chavurah Supper last Friday every month, after the evening service)

HEMS: Girl Guide Headquarters (GGHQ), Hatch End:
Saturday 09:30

Mosaic Reform: Bessborough Road: Friday 19:00,
Saturday 10:30

November

Sunday	1 st	19:30	Evening with John Benjamin of 'The Antiques Roadshow'
Wednesday	4 th	20:00	Council meetings
Saturday	7 th		<i>Shabbat Chayei Sarah</i>
		09:30	Adult Education: Hebrew Reading (see page 11)
Sunday	8 th		Remembrance Sunday
Tuesday	10 th	14:00	JACS – Introductory meeting (see page 14)
Wednesday	11 th	20:00	Book 39 'Wake'
Friday	13 th	19:00	Contemplative service
Saturday	14 th		<i>Shabbat Toldot</i>
		09:15	Adult Education: Danish and Daven (see page 11)
Sunday	15 th		Kehila Copy Date (December/Chanukah edition)
Tuesday	17 th	20:00	Film Mosaic – 'Bethlehem' (see page 15)
Wednesday	18 th	12:00	Luncheon Club
		19:30	Getting Older and Managing the Challenges (see page 14)
Saturday	21 st		<i>Shabbat Vayetze</i>
Sunday	22 nd	09:30	Mitzvah Day
		15:30	Berakah – children's activity (see page 13)
		19:30	Berakah concert (see page 12)
Tuesday	24 th	20:00	Mosaic Photography Group (contact Pat Katz)
Thursday	26 th		Kehila distribution (December/Chanukah edition)
Friday	27 th	20:00	Pot luck supper
Saturday	28 th		<i>Shabbat Parsha Vayishlach</i>
Sunday	29 th	19:00	Masorti Judaism Annual Dinner

December

Saturday	5 th		<i>Shabbat haShavuah</i> Bar Mitzvah – Daniel Baars (MR)
Sunday	6 th		1st candle Chanukah
Tuesday	9 th	20:00	Mosaic Photography Group (contact Pat Zatz)
Saturday	12 th		<i>Shabbat Mikketz</i>
		09:30	Adult Learning – ‘Skeptic Session’ Bar Mitzvah – Noah Abrahams (MR)
Sunday	13 th		Kehila Copy Date (January edition) 8 th candle Chanukah
Tuesday	15 th	20:00	Film Mosaic – ‘The Band’s visit’
Wednesday	16 th	12:00	Luncheon Club
Saturday	19 th		<i>Shabbat Vayigash</i>
		09:30	HEMS Youth Shabbat
		11:00	Family Service (Shabbat Shira)
Sunday	20 th	15:00	Discovering Jewish Music (Michael Marks)
Thursday	24 th		Kehila distribution (January edition)
Friday	25 th	20:00	Pot luck supper
Saturday	26 th		<i>Shabbat Vavechi</i>

Every Week

Nov | Dec

Monday	11:00
Friendship Club (see page 15)	
Monday	20:00
Group 326	
Sunday	09:45
HaMakom	